MITS INDOOR STATE MEET SATURDAY, FEBRUARY 22, 2020

12:00 - Men’s Long Jump

*Men’s Triple Jump* warm ups will begin immediately after the long jump is completed.
There will be a one hour warm up window.
*Our best guess is the triple jump will begin @4:15 pm*

12:00 - Women’s Long Jump

*Women’s Triple Jump* warm ups will begin immediately after the long jump is completed.
There will be a one hour warm up window.
*Our best guess is the triple jump will begin @4:15 pm*

12:30 - **MEN RUN FIRST ON THE TRACK IN 2020**

- 60 Hurdle Prelims (top 32 to semis)
- 60 Dash Prelims (top 32 to semis)
- DMR (1200-400-800-1600)
- 200 Dash Semis (top 15 to finals on Sunday)
- 60 Hurdles Semis (top 16 to finals on Sunday)
- 60 Dash Semis (top 16 to finals on Sunday)
- Sprint Medley Relay (400-200-200-800)
- 3200 Run
- 800 Relay (4 x 200)

MITS INDOOR STATE MEET SUNDAY, FEBRUARY 23, 2020

12:00 - Women’s Pole Vault (Men follow women)

12:00 - Men’s High Jump (Women follow men)

12:30 - **MEN RUN FIRST ON THE TRACK IN 2020**

- 3200 Relay (4 x 800)
- 60 Hurdle Finals (2 heats for each gender)
- 60 Dash Finals (2 heats for each gender)
- 400 Dash
- 1600 Run
- 800 Run
- 200 Dash Finals (3 heats for each gender)
- 1600 Relay (4 x 400)