THE ANN ARBOR RUNNING COMPANY WILL BE SPONSORING THREE ELITE RACES AT THE EMU MITS MEET ON SATURDAY, FEBRUARY 2, 2019. THE ELITE 400 METER, THE ELITE 800 METER, AND THE MIDDLE SCHOOL ELITE 1600 METER

IF YOU WOULD LIKE TO BE CONSIDERED FOR THESE RACES, OR WANT MORE DETAILS.....

REGARDING THE ELITE 800 EVENT

PLEASE CONTACT IAN FORSYTH  
ian@annarborrunningcompany.com

Athletes will be considered if they have run the following times either indoors or outdoors during their career and can document proof of times:

Men’s 800 = Men who have run 2:00 or better in the 800.

Women’s 800 = Women who have run 2:20 or better in the 800.

REGARDING THE ELITE MIDDLE SCHOOL 1600 EVENT.

PLEASE CONTACT IAN FORSYTH  
ian@annarborrunningcompany.com

Athletes will be considered if they have run the following times either indoors or outdoors during their career and can document proof of times:

Boys who have run sub 5:30

Girls who have run sub 6:00.

REGARDING THE ELITE 400 EVENT.

PLEASE CONTACT ROLANDO ECCLESTON  
eccleston.rolando@gmail.com

Note: There will be three heats of five runners. Lane one will not be contested.

Athletes will be considered if they have run the following times either indoors or outdoors during their career and can document proof of times:

Men’s 400 = 0:53.0  
Women’s 400 = 1:02.5

Note that the above times are the qualifying times for the Indoor State Meet.