VENUE INFORMATION

Eastern Michigan THURSDAY MITS MEETS are Hosted by D Hall's All-Star Indoor Series
Bowen Field House 914 W. Circle Dr. Ypsilanti, Mi. 48197

Doors Open @ 6:30pm COST $10.00 EVERYBODY (cash at the door)
Athletes must fill out Consent/Release Waiver once per MITS season in order to compete.
Release waiver is available on MITSTRACK.ORG website also available at the registration tables.

2020 INDOOR SEASON

MEN will run first on the track
Relay Teams must have matching tops.

FIELD EVENTS – BEGIN @ 7:00pm

SHOT PUT – Men First, Women to follow.
POLE VAULT – Women First, Men to follow.
HIGH JUMP – Men First, Women to follow.
TRIPLE JUMP – Will follow LONG JUMP with Women & Men having own pit allowing Genders to jump simultaneously in each pit.
NO WEIGHT THROW EVENT

CHECK THE MITS WEBSITE PRIOR TO THE EVENT FOR ANY UPDATED INFORMATION
MEET EVENT OVERVIEW

Meet #1
Christmas Classic

- Christmas Classic
- 12/19/19
- 1 800M Run
- 2 60m H (Final)
- 3 60m D (Final)
- 4 1600m Run
- 5 200m Dash
- * 400m dash

* Time permitting

Meet #2
New Year Celebration

- New Year Celebration
- 1/9/20
- 1 1600m Run
- 2 60m H (Semis)
- 3 60m D (Semis)
- 4 4 X 200m
- 5 800m Run
- 6 400m Dash
- 7 60m H (Final)
- 8 60m D (Final)

Meet #3
Freshman Night

- Freshman Night
- 2/13/20
- 1 1600m Run
- 2 60m H (Semis)
- 3 60m D (Semis)
- 4 4 X 200m
- 5 60m H (Final)
- 6 60m D (Final)
- 7 800m Run
- 8 200m Dash

Class of 2023
Hall's Indoor Series
Meet #4
King Day Relay's

adidas

King Day Relays

MARTIN LUTHER KING DAY
1 1600M RUN
2 SMR (4-2-2-8)
3 60M H (Final)
4 60M D (Final)
5 DMR (12-4-8-16)
6 800M RUN
7 4 X 200M Relay
8 4 X 800M Relay
9 4 X 400M Relay