Central Michigan University

Hosts

2020 Michigan Indoor Track Series

On

Tuesday, January 7th, 2020

Site: Indoor Athletic Complex (IAC) at the Jack Skoog Indoor Track
Parking: Lot #62 North of the Kelly-Shorts Football Stadium
Time: North Indoor Athletic Complex entrance doors open at 10:45pm
Fee: $10.00 per athlete
Admission: $5.00 per spectator/Coach – spectators must remain in the stands for safety purposes.

Waiver of Liability:

Every participant MUST complete the Waiver of Liability Release in order to participate. The Central Michigan University Waiver of liability is located on the MITS website. Print the form, add the required signatures and bring the form with you to the meet.

FIELD EVENTS

(All field events will run simultaneously on separate runways, pits or rings unless noted below)

6:00pm

Pole Vault: Girls and Boys concurrent on different pits
Long Jump: Girls and Boys concurrent on same pits
High Jump: Boys followed by Girls (30mins between genders)
Shot Put: Boys followed by Girls

TRACK EVENTS

(Girls run first then Boys)
(The track is on a rolling schedule)

6:00pm

DMR:
60 Hurdle Final:
60 Meter Final:
400 Meter final:
2K Meter Steeple Final:
200 Meter Final:
800 Meter Final:
4x200 Relay Final: